

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

June 7, 2026

dedicated to encouraging you to look at our full array of activities

Today

10:00am	Worship
11:30am	Coffee Hour (Vestry)
11:30am	"Finding Your Walden" (Parlor)
11:30am	Knitting Group (Damon Room)
11:45am	Covenant Groups Demo (Grady Room)
11:45am	Front Corner Project (Sanctuary)
7:00pm	Men's Group (Zoom)

Learn more online:

[www.firstparish.info/
events](http://www.firstparish.info/events)



Scan this code with
your smartphone

Religious Education this morning:

- Spring term continues for preK-6.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

Tonight:

- OWL meets as usual tonight, no Coming of Age
- YAC at 6pm, Youth Group meets at 7pm.

Questions? Email Rev. Stevie Carmody at mre@firstparish.info.

Upcoming Events at First Parish

Covenant Groups Now Forming – Demo Session TODAY!

Sunday, June 7, 11:30am, Grady Room. Attend a 1- hour demo session today after services to learn more about small group ministry. Covenant Groups are a great way to make deeper connections with others at First Parish. Additional questions? Email covenantgroups@firstparish.info.

TODAY - Front Corner Project Presentation

Sunday, June 7, 11:45am, Sanctuary. Join the team working with the landscape architects after worship on Sunday, June 7 in the Sanctuary for an update on the redesign of our front corner and an opportunity for you to share your feedback.

TODAY - Adult RE Opportunity: "Finding Your Walden"

Second session TODAY Sunday June 7, 11:30am (in-person). Inspired by the book of the same name by Jen Tota McGivney, we will explore the ways Thoreau's wisdom may apply to and inspire our 21st century lives. Scan this code to register for the second session.

Covenant Discernment Circle Discussion on Zoom (link on website)

Tuesday, June 9, 8:00pm, Zoom. Miss last week's offering? Join the Covenant Task Force on Zoom this week to share your thoughts on how we put our shared values into practice in our community. Notes from these conversations will be instrumental to the formation of a new community covenant in the coming months. All welcome - [registration link in eBulletin](#).

End of Year Picnic - NEXT Sunday

Sunday, June 14, 11:30am, Vestry / Courtyard. Come one and all to the All-Church Picnic after the final church service of the spring! We will have plenty of grilled food, both meat and veggie, salads, and drinks. Desserts are potluck — feel free to bring one if you feel inspired or just show up to eat!

Music and Art Benefit

Thursday, June 18, 6 - 10pm at the Meetinghouse. Join us for live music, local art, food, and more! \$10 to enter. Proceeds will be split between Boston Healthcare for the Homeless and the First Parish Youth Group, in support of their annual service trip.

Film Screening of "HOPE - beyond rape, murder and war crimes"

Thursday, June 18, 7:00pm, Capitol Theater. Join the filmmakers after the film for an in-depth conversation about the South Sudan refugee crisis.

This Week

Mon Spirit Talk
4:00pm (Zoom)
In-person Meditation
6:00pm (Parlor)

Tue Lectio Divina
7:00am (Zoom)
2nd Tuesday
Covenant Groups
7:00pm (1 in Damon, "
2 in Parlor)
Membership Comm.
7:00pm (Grady)
Worship Associates
7:00pm (Shinn)
HR Committee
7:30pm (Zoom)

Wed Lectio Divina
9:00am (Zoom)
2nd Wednesday
Covenant Groups
1:30pm (Zoom)
7:00pm (Parlor)

Thu Lectio Divina
8:00am (Zoom)
Transition Team Mtg.
6:30pm (Parlor)
Social Justice Comm.
7:00pm (Zoom)
First Parish Choir
7:00pm (Sanctuary)
First Parish Bell Choir
8:05pm (Sanctuary)

Sat Church Picnic Prep
9am-12:30pm (Kitchen)

Summer Services 2026



This summer, Sunday services will be offered mostly online on

Zoom, except for the last Sundays of June, July and August, which will be hybrid, streaming from the sanctuary, with trial use of a projector for those attending in person.

Check the back of this insert for the schedule of summer services!

Share Your Time and Talent

You can help in 4 key areas:

- Communications
- Bylaws Review / Update
- Stewardship Committee
- Office Support

Interested? Questions? Email volunteer@firstparish.info,

Opportunities to Engage this Summer

Weekly Summer Potlucks

Wednesdays, 6pm in the FP Courtyard (Vestry if rain). Community potluck dinners are held in the courtyard every Wednesday (Vestry if rain). Everyone is welcome, no RSVP needed. Bring a dish to share if you are able.

Lectio Divina

Weekly on Zoom: Tuesdays 7-8am, Wednesdays 9-10am, Thursdays 8-9pm. Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts. Check our website for more info and links: www.firstparish.info/education/star-adult-education/lectio-divina/.

Meditation Groups

Sundays on Zoom, 9am-9:30am and Mondays in the Parlor 6:00-6:45pm. Beginners and experienced meditators welcome. No ongoing commitment required. For more info, email meditation@firstparish.info.

Spirit Talks

Monday on Zoom, 4pm. Weekly discussions are an opportunity for a small groups to reflect together on a spiritual theme inspired by a different quote each week. For the Zoom link, email spirittalk@firstparish.info.

Men's Groups

Older Men's Lunch every other Thursday, 12pm, Zoom; all-age meets every other Sunday, 7pm, Zoom.. Email mensgroup@firstparish.info or oldermen@firstparish.info for information and links.

Aging Well

Fourth Thursdays (except July), 11am, Zoom. Women over 50 explore the joys and challenges of aging together.

☀ Summer Worship Services 2026 ☀

June 21	Diane Taraz "Good Trouble"	Zoom
June 28	Rev. Dr. Jonipher Kwong "Journey Toward Collective Liberation"	Hybrid In-Person
July 5	Loren Gomez "Faithing"	Zoom
July 12	Rev. Erica Richmond "Counting Acorns"	Zoom
July 19	Elizabeth Hunter "How to Worship"	Zoom
July 26	Rev. Dr. Jonipher Kwong "Healing from Ancestral Trauma"	Hybrid In-Person
August 2	Lyn Fulton-John "Finding a Home"	Zoom
August 9	Rev. Erica Richmond TBD *	Zoom
August 16	Jim Jolley "Nature and Spirituality"	Zoom
August 23	Rev. Erica Richmond TBD *	Zoom
August 30	Rev. Dr. Jonipher Kwong "Revolutionary Self-Care"	Hybrid In-Person
September 6	Maggie Carey "Courage, Compassion and Creativity"	Zoom

* For updated service titles, check our website each week

Looking Ahead to Next Church Year

September 13	INGATHERING SERVICE Rev. Erica Richmond preaching Religious Education resumes	In-Person and Zoom
September 19	Arlington Town Day	
September 25 - 27	Annual Ferry Beach Retreat	Saco, ME