

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

June 14, 2026

dedicated to encouraging you to look at our full array of activities

Today

10:00am	Worship
11:30am	All-Congregation Picnic (Courtyard)
11:30am	Who are UU? (Damon)
11:45am	Thank You for Outgoing Committee Members (Parlor)
6:45pm	2 nd Sun. Covenant Group (Damon)
7:00pm	Men's Group (Zoom)

Learn more online:

[www.firstparish.info/
events](http://www.firstparish.info/events)



Scan this code with
your smartphone

Religious Education this morning:

- Spring term concludes for preK-6 with a "UOlympics" Field Day!
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

Tonight:

- No OWL or Coming of Age – on recess until September!
- No Youth Group this evening.

Questions? Email Rev. Stevie Carmody at mre@firstparish.info.

Upcoming Events at First Parish

TODAY! End of Year Picnic

Sunday, June 14, 11:30am, Vestry / Courtyard. Come one and all to the All-Church Picnic after the final church service of the spring! We will have plenty of grilled food, both meat and veggie, salads, and drinks. Desserts are potluck — feel free to bring one if you feel inspired or just show up to eat!

THIS WEEK – First Parish Music and Art Benefit!

Thursday, June 18, 6 - 10pm at the Meetinghouse. Join us for live music, local art, food, and more! \$10 to enter. Proceeds will be split between Boston Healthcare for the Homeless and the First Parish Youth Group, in support of their annual service trip.

Film Screening of "HOPE - beyond rape, murder and war crimes"

Thursday, June 18, 7:00pm, Capitol Theater. Check out an exclusive screening of HOPE - beyond rape, murder and war crimes. Experience the powerful story of resilience and hope in the face of one of the world's greatest humanitarian crises. Meet the filmmakers and engage in meaningful discussion about the South Sudan refugee crisis and paths toward lasting peace. Tickets are \$16.75 and can be purchased online at <https://hopeuspremier.org/#screening>.

Summer Services 2026



This summer, Sunday services will be offered mostly on Zoom, except for the last Sundays of June, July and August, which will be hybrid, streaming from the sanctuary, with trial use of a projector for those who are attending in person.

Check the back of this insert for the schedule of summer services!

Summer at First Parish

Weekly Wednesday Potlucks!

Starting Wednesday, June 24, 6:00pm, First Parish Courtyard (Vestry if rain). Community potluck dinners are held every Wednesday, rain or shine. Everyone is welcome, no RSVP needed. Bring a dish to share if you are able, and reusable dishes as well if you can, but all are welcome whether or not you can bring anything with you!

Summer Office Hours

June 29 through early August

**Wednesdays, Thursdays, and Fridays
10am – 2pm** (closed Monday-Tuesday)

Closed June 19, July 3

This Week

Mon Spirit Talk
4:00pm (Zoom)
In-person Meditation
6:00pm (Parlor)
Transition to Retirement
7:00pm (Zoom)

Tue Lectio Divina
7:00am (Zoom)
Diversity Book Club
7:00pm (Zoom)
3rd Tuesday Covenant Group
7:00pm (Grady)
Parish Committee
7:00pm (Zoom)

Wed Lectio Divina
9:00am (Zoom)
3rd Wednesday Covenant Groups
7:00pm (1 in Parlor,
2 in Grady)

Thu Lectio Divina
8:00am (Zoom)
Music and Art Benefit!
5 – 10pm (Vestry,
Sanctuary)
Love at the Center
7:00pm (Zoom)
Property Committee
7:30pm (Parlor)

Sun Zoom Worship Service
10:00am (Zoom link on
our website)
led by Diane Taraz

End of Year Reminders

- Check your pledge balance for the 2025-6 church year and pay any remaining balance if you are able to do so - if not, email treasurer@firstparish.info.
- Set up any automatic payments for next year's pledge in Realm or with your bank – email office@firstparish.info if you need help with this.

Share Your Time and Talent

You can help in 4 key areas:

- Communications
- Bylaws Review / Update
- Stewardship Committee
- Office Support

Interested? Questions? Email volunteer@firstparish.info,

Opportunities to Engage this Summer

Weekly Summer Potlucks

Wednesdays, 6pm in the FP Courtyard (Vestry if rain). Community potluck dinners are held in the courtyard every Wednesday (Vestry if rain). Everyone is welcome, no RSVP needed. Bring a dish to share if you are able.

Lectio Divina

Weekly on Zoom: Tuesdays 7-8am, Wednesdays 9-10am, Thursdays 8-9pm. Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts. Check our website for more info and links: www.firstparish.info/education/star-adult-education/lectio-divina/.

Meditation Groups

Sundays on Zoom, 9am-9:30am and Mondays in the Parlor 6:00-6:45pm. Beginners and experienced meditators welcome. No ongoing commitment required. For more info, email meditation@firstparish.info.

Spirit Talks

Monday on Zoom, 4pm. Weekly discussions are an opportunity for a small groups to reflect together on a spiritual theme inspired by a different quote each week. For the Zoom link, email spirittalk@firstparish.info.

Men's Groups

Older Men's Lunch every other Thursday, 12pm, Zoom; all-age meets every other Sunday, 7pm, Zoom.. Email mensgroup@firstparish.info or oldermen@firstparish.info for information and links.

Aging Well

Fourth Thursdays (except July), 11am, Zoom. Women over 50 explore the joys and challenges of aging together.

☀ Summer Worship Services 2026 ☀

June 21	Diane Taraz "Good Trouble"	Zoom
June 28	Rev. Dr. Jonipher Kwong "Journey Toward Collective Liberation"	Hybrid In-Person
July 5	Loren Gomez "Faithing"	Zoom
July 12	Rev. Erica Richmond "Counting Acorns"	Zoom
July 19	Elizabeth Hunter "How to Worship"	Zoom
July 26	Rev. Dr. Jonipher Kwong "Healing from Ancestral Trauma"	Hybrid In-Person
August 2	Lyn Fulton-John "Finding a Home"	Zoom
August 9	Rev. Erica Richmond TBD *	Zoom
August 16	Jim Jolley "Nature and Spirituality"	Zoom
August 23	Rev. Erica Richmond TBD *	Zoom
August 30	Rev. Dr. Jonipher Kwong "Revolutionary Self-Care"	Hybrid In-Person
September 6	Maggie Carey "Courage, Compassion and Creativity"	Zoom

* For updated service titles, check our website each week

Looking Ahead to Next Church Year

September 13	INGATHERING SERVICE Rev. Erica Richmond preaching Religious Education resumes	In-Person and Zoom
September 19	Arlington Town Day	
September 25 - 27	Annual Ferry Beach Retreat	Saco, ME