

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

May 24, 2026

dedicated to encouraging you to look at our full array of activities

Today

10:00am	Worship
11:30am	Coffee Hour (Vestry)
7:00pm	Men's Group (Zoom)

Learn more online:
www.firstparish.info/events

Scan this code with
your phone camera



Religious Education this morning:

- All-together programming for grades K-7. Pre-K meets as usual.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

Tonight:

- No Coming of Age, OWL, or Youth Group this week.

Questions? Email Rev. Stevie Carmody at mre@firstparish.info.

Upcoming Events at First Parish


Monthly Community Potluck

Wednesday, May 27, 6:00pm, Vestry. Join us for our monthly community potluck. Bring a dish if you can but come anyway if you can't - we always have plenty of food! All are welcome, no RSVP needed. If possible, bring reusable tableware to minimize the waste.

Poster-Making and Pizza for Pride

Wednesday, June 3, 6:00pm, Vestry. Join the LGBTQIA+ Affirming Committee to make posters for us to use at the upcoming Pride parade! Pizza will be served - feel free to bring additional snacks to share if you'd like but not required!

Adult RE Opportunity: "Finding Your Walden"

 *Second session: Thursday June 4, 6:00pm (Zoom) or Sunday June 7, 11:30am (in-person).* Inspired by the book of the same name by Jen Tota McGivney, we will explore the ways Thoreau's wisdom may apply to and inspire our 21st century lives. You can still register for the second session if you missed the first. For more information and links to register, scan this code.

Household Goods Drive - Donate good quality household items!

Saturday, June 6, 9:30am to 12:30pm, St. Camillus Church in Arlington. The Alliance is co-sponsoring a household goods drive - help Household Goods furnish homes, free of charge for families in need. For guidelines on what to donate, visit the Household Goods website at: www.householdgoods.org/donate/donate-goods/donation-guidelines/

Music and Art Benefit

Thursday, June 18, 6 - 10pm at the Meetinghouse. Join us for live music, local art, food, and more! \$10 to enter. Proceeds will be split between Boston Healthcare for the Homeless and the First Parish Youth Group, in support of their annual service trip.



Summer Services 2026

This summer, Sunday services will be mostly online on Zoom, except for the last Sundays of June, July and August, which will be hybrid, streaming from the sanctuary, with trial use of a projector for those attending in person. Schedule of summer services coming soon!

Covenant Groups are now forming for Fall 2027!

Covenant Groups are a great way to make deeper connections with others at First Parish. Each group meets monthly (in-person or Zoom) for 2 hrs.

Want to learn more? Attend a 1- hour **demo session on Sunday, June 7** after services. For more info, or to sign up: covenantgroups@firstparish.info.

This Week

Mon **FP OFFICE CLOSED**

Spirit Talk

4:00pm (Zoom)

In-person Meditation

6:00pm (Parlor)

Tue **Lectio Divina**

7:00am (Zoom)

Transition Team Mtg.

6:30pm (Parlor)

Settled Minister Search Committee Meeting

7:00pm (Zoom)

Grief Support Group

7:30pm (Zoom)

Wed **Lectio Divina**

9:00am (Zoom)

Monthly Potluck

6:00pm (Vestry)

Thu **Lectio Divina**

8:00am (Zoom)

Aging Well

11:00am (Zoom)

Older Men's Lunch

12:00pm (Zoom)

First Parish Choir

7:00pm (Sanctuary)

First Parish Bell Choir

8:05pm (Sanctuary)

Fri **Coming of Age**

Rehearsal + Dinner

5:30pm (Sanctuary, Parlor, Kitchen)

Sat **Youth Group Lock-in**

5pm - Sun. morning

Roses of Recognition: Finance Committee



ParCom presents Roses of Recognition to the Finance Committee. Lissa McBurney and Steve Pillemer did the intensive work required to research and summarize budget activity for the coming year, in time for an earlier-than-usual Annual Meeting. Thank you, Lissa and Steve!

Share Your Time and Talent

We need your help in four key areas:

- Communications
- Bylaws Review / Update
- Stewardship Committee
- Office Support

Interested? Questions? Email volunteer@firstparish.info,

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Weekly & Monthly Events at First Parish

These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.

Lectio Divina

Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email lectio@firstparish.info for more information.

Meditation at First Parish

Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email meditation@firstparish.info.

Spirit Talk

Meets every Monday via Zoom at 4pm.

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email spirittalk@firstparish.info for the Zoom link.

Wednesday Chapel

Meets Wednesdays via Zoom at 9pm, from October through February.

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, firstparish.info/events.

Men's Group

Meets every other Sunday, 7:00 pm, Zoom.

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email mensgroup@firstparish.info for information.

Older Men Lunch Meeting

Meets every other Thursday, 12 noon, via Zoom.

First Parish's Older Men's group continues to meet, using Zoom. Email oldermen@firstparish.info for more information.

Community Potluck

Monthly, last Wednesday, 6:00pm, Vestry.

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email star@firstparish.info.

Grief Support Group

Monthly, fourth Tuesday, 7:30pm, Zoom.

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on firstparish.info/events.

Women Aging Well

Monthly, fourth Thursday, 11:00 am.

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: agingwell@firstparish.info.

Women's Alliance: The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

Women's Book Group

Monthly, except summer, first Thursdays, 7:00 pm, Zoom.

Email womensbookgroup@firstparish.info with questions or for Zoom link.

IN-PERSON IN JUNE! Book for June: *Nothing to See Here* by Kevin Wilson.

Racial and Social Justice Groups

Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18th century and facilitating discussions about what we plan to do about this ugly past. Email: rjcc@firstparish.info

Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today. Email: ijwg@firstparish.info

Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom. Email: diversitybookclub@firstparish.info, for Zoom link.

Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: DefendingDemocracy@firstparish.info

Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: PeaceandJustice@firstparish.info