

# The Sunday Teaser

First Parish Unitarian Universalist in Arlington

April 28, 2024

*dedicated to encouraging you to look at our full array of activities*

## Today

10:00 am	Worship
11:45am	Coffee Hour - Vestry
11:45am	Our Shared Past - Parlor
7:00pm	Youth Group
7:00pm	OWL and Coming of Age

**Learn more on line:**  
**[www.firstparish.info](http://www.firstparish.info)**  
[/about/about-first-parish](#)  
[/news-events/calendar](#)  
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## Today

**Our Shared Past: Arlington's Connection to Indigenous People** after service in the Parlor. Please join the Indigenous Justice Working Group (IJWG) after Sunday service. We will welcome Doreen Stevens, historian and former director of the Arlington Historical Society.

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### "Taste of First Parish Arlington" ~~ this Friday May 3rd

Register for your Taste of First Parish Arlington tickets! Join us on Friday, May 3, for an evening of music, art, food and drink, community, and fun to support the important food relief work of World Central Kitchen and the ongoing good work of First Parish. Tickets are available on Realm, at coffee hour, or at the door on May 3rd - registering in advance helps with the planning. Suggested donation of \$50 each, which includes one beer or wine coupon; other donation amounts accepted. Please note: Child care registration will close at the end of the day TODAY! Email [tasteoffp@firstparish.info](mailto:tasteoffp@firstparish.info).

### The 2024 Annual Meeting will be held on Sunday, May 19, after service.

The meeting will be a hybrid meeting, both in the sanctuary and on Zoom. Zoom participants must register at <https://tinyurl.com/FPUUAnnualMeeting2024>.

Annual Meeting is a time to come together and make decisions about the life of First Parish. In addition to electing officers and leaders, members vote on a budget in line with our values.

**Committee Summaries for Annual Report 2024** Are you a chair of a committee at First Parish? Committee Summaries for the Annual Report are due Wednesday, May 1. All summaries are to be submitted to Office Manager, Ebiere, at [ebiere.omoregie@firstparish.info](mailto:ebiere.omoregie@firstparish.info) no later than May 1. These reports serve as a blueprint for First Parish, and anyone can use them to get a sense of what goes on. They are a permanent record of the life of the church. Please reach out to Ebiere if you have any questions or would like a simple template.

### Resolutions to be voted on: Reckoning and Repair; Indigenous Justice

The Parish Committee unanimously endorsed both resolutions and voted to add both statements to the May Annual Meeting warrant. The congregation will vote on whether or not to adopt these resolutions on May 19th. The text of the two resolutions is printed in today's Order of Service.

## UU General Assembly June 20-23, 2024

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association of congregations (UUA). Participants worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may register to attend at [www.uua.org/ga](http://www.uua.org/ga). If you are a member of First Parish and are interested in serving as a voting delegate, to represent our congregation, contact the Parish Executive Committee at [parishexec@firstparish.info](mailto:parishexec@firstparish.info) by May 16th, 2024.

## This Week

<b>Mon</b>	<b>Spirit Talk</b> 4:00pm (Zoom) <b>In-person Meditation</b> 6:00pm (Parlor) <b>RE Committee</b> 7:00pm (Grady)
<b>Tue</b>	<b>Lectio Divina</b> 7:00am (Zoom) <b>Zoom Meditation</b> 6:00pm (Zoom) <b>Youth Group Sr. Dinner</b> 6:00pm (Parlor)
<b>Wed</b>	<b>Lectio Divina</b> 9:00am (Zoom) <b>Covenant Group Convenors</b> 7pm (Damon)
<b>Thu</b>	<b>Lectio Divina</b> 8:00am (Zoom) <b>Older Men's Lunch</b> 12:00pm (Zoom) <b>Women's Book Grp</b> 7:00pm (Zoom) <b>Social Justice Comm</b> 7:00pm (Zoom) <b>First Parish Choir</b> 7:00 pm (Sanctuary) <b>FP Bell Choir</b> 8:00pm (Sanctuary)

### Giving First Recipient for May Neighborhood Birth Center

Neighborhood Birth Center's mission is to offer comprehensive midwifery care throughout pregnancy, labor, birth and the postpartum period by integrating an independent community birth center in Boston's healthcare and community landscape.

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### The Ferry Beach Committee is sad to report

that there will not be a Ferry Beach retreat in 2024. Unfortunately, the weekend that Ferry Beach reserved for our community coincides with Arlington Town Day, which an important community day and fundraiser for our social justice efforts.

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## Weekly & Monthly Events at First Parish

**These events are open to everyone. Please reach out by email as indicated below, or visit the First Parish website and click on “Events & News” to learn more; or email [office@firstparish.info](mailto:office@firstparish.info)**

### **Lectio Divina**

*Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm*

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email [lectio@firstparish.info](mailto:lectio@firstparish.info) for more information.

### **Meditation at First Parish**

*Meets Sun. 9am-9:30am, Mon. 6pm-6:30pm, Tues. 6pm-6:30pm*

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email [meditation@firstparish.info](mailto:meditation@firstparish.info).

### **Spirit Talk**

*Meets every Monday via Zoom at 4pm*

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email [spirittalk@firstparish.info](mailto:spirittalk@firstparish.info) for the Zoom link.

## **Events recurring every other week or once per month:**

### **Men’s Group**

*Meets every other Sunday, 7:00 pm, Zoom. Next meeting is May 5.*

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for information.

### **Older Men Lunch Meeting**

*Meets every other Thursday, 12 noon, via Zoom. Next meeting May 2.*

First Parish’s Older Men’s group continues to meet, using Zoom. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for more information.

### **Community Potluck**

*Monthly, last Wednesday, 6:00pm, Vestry. Next dinner on May 29.*

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email [star@firstparish.info](mailto:star@firstparish.info).

### **Grief Support Group**

*Monthly, fourth Tuesday, 7:30pm, Zoom. Next meeting May 28.*

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on [firstparish.info/events](http://firstparish.info/events).

### **Women Aging Well: Changing Life Purpose**

*Monthly, fourth Thursday, 10:30 am. Next meeting May 23.*

Aging Well meets once a month, usually on the fourth Thursday of the month. Please email [agingwell@firstparish.info](mailto:agingwell@firstparish.info) to confirm meeting location.

**Women’s Alliance** The Alliance is the women’s organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

### **Women's Book Group**

*Monthly, ex. summer, first Thursday, 7:00 pm, Zoom. Next meeting May 2.*

Email [womensbookgroup@firstparish.info](mailto:womensbookgroup@firstparish.info) with questions or for the Zoom link. Information available on [firstparish.info/events](http://firstparish.info/events).

## Racial/Social Justice and Racial Awareness

### Diversity Book Club (monthly)

All are welcome, please join us, generally on the third Tuesday each month. Please email [diversitybookclub@firstparish.info](mailto:diversitybookclub@firstparish.info), to obtain the link and to RSVP to join the discussion or with any questions. Our next meeting will be *Tuesday, May 21, 7-8:30pm*, when we will discuss *Just As I Am* by Cicely Tyson.

### The Racial Justice Coordinating Committee

RJCC continues to help First Parish more fully live up to our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18th century and to facilitate discussions about what we, as a progressive and liberal organization, plan to do about this ugly past. Next event for R&R is May 5, a special guest for the Shinn service (with discussion after service).

### Religious Education

Grades Pre-K through 5 begin in the sanctuary then move to classes.

Grade 6 meet in the lobby 10am for field trip. Nursery at 10am.

**Spring Family BBQ  
Sunday, May 26  
after service**