

# The Sunday Teaser

First Parish Unitarian Universalist in Arlington

April 12, 2026

dedicated to encouraging you to look at our full array of activities

## Today

10:00am	Worship	12:00pm	Front. Corner Proj. (Sanctuary)
11:30am	Social Hour (Vestry)		
11:30am	ParCom Drop-In (Grady)	6:45pm	2 <sup>nd</sup> Sunday Cov. Group (Damon)
11:30am	Art Show (Parlor)		
11:30am	Who are UU? (Damon)	7:00pm	Men's Grp. (Zoom)

Learn more:  
[www.firstparish.info/events](http://www.firstparish.info/events)



Scan this code with your phone

### Religious Education this morning:

- Spring term continues with grade-level programming for preK-6.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

### Tonight:

- Coming of Age, OWL, and Youth Group meet at 7pm.

Questions? Email Rev. Stevie Carmody at [mre@firstparish.info](mailto:mre@firstparish.info).

## Upcoming Events at First Parish



### Parish Committee Drop-In Q&A TODAY

*Sunday, April 12, 11:30am, Grady.* Parish Committee representatives will be available to meet in-person today in the Grady Room during coffee hour to answer questions about their email message from last week (scan this code to read the full message, sent 3/31).

### TODAY! Art Show Opening: "Hope and Resistance in Difficult Times"

*Sunday, April 12, 11:30am, Parlor.* Our next Congregational Art Show, Hope & Resistance in Difficult Times, will run from April 12th through September 4th, 2026. Artists and art enthusiasts – join us on Sunday, April 12 at 11:30am for the show opening in the Parlor. All are welcome – light refreshments will be served.

### TODAY! Front Corner Rebuild Project – Information & Feedback Session

*Sunday, April 12, 12:00pm, Sanctuary.* The Parish Committee has established a committee to investigate rebuilding the front corner section of the church grounds. We will have a feedback and information session today from 12:00 to 1:00 in the Sanctuary to hear your feedback and ideas.

### Who are UU? Conversations

*Sunday, April 12, 11:30am, Damon Room.* Join First Parish members for Who are UU? a series of guided conversations designed to ease us beyond small talk and learn more about each other. No registration required.

### Transition Team Information Session

*Sunday, April 19, 11:45am, Parlor.* The Transition Team will be hosting a short presentation next Sunday after the worship service. We want to share updates thus far regarding current status and future goals, feedback from the Circle Group gatherings, staffing structure survey process from other UU parishes and a brief introduction to our covenant of right relations.

### Film – "Red Fever: The Indigenous Influence on Western Culture"

*Thursday, April 23, 6:00pm, Vestry.* Join us to watch the documentary film "Red Fever: The Indigenous Influence on Western Culture" followed by discussion with featured film contributor Philip Deloria (Sioux Dakota), Author and Harvard University Professor of History. Sponsored by the FP Indigenous Justice Working Group. All welcome – no registration needed.

### Benefit Concert for North American Indian Center of Boston (NAICOB)

*Saturday, April 25, 7:00pm, Sanctuary and Vestry.* Dance to Classic Rock with Stanley and The Undercovers. Good work, Great Fun!

## This Week

**Mon Spirit Talk**  
4:00pm (Zoom)  
**In-person Meditation**  
6:00pm (Parlor)

**Tue Lectio Divina**  
7:00am (Zoom)  
**2<sup>nd</sup> Tues. Cov. Groups**  
7:00pm (1 in Damon, 2 in Parlor)  
**Membership Comm.**  
7:00pm (Grady)  
**Worship Associates**  
7:00pm (Shinn)

**Wed Lectio Divina**  
9:00am (Zoom)  
**3<sup>rd</sup> Wed. Covenant Gr.**  
7:00pm (1 in Parlor, 2 in Grady)

**Thu Lectio Divina**  
8:00am (Zoom)  
**Older Men's Lunch**  
12:00pm (Zoom)  
**Music Committee**  
6:00pm (Parlor)  
**"Love at the Center"**  
**Book Discussion**  
7:00pm (Zoom)  
**First Parish Choir**  
7:00pm (Sanctuary)  
**Property Committee**  
7:30pm (Parlor)

## Annual Meeting 2026

**Sunday, May 3, 2026**

11:30am at the Meetinghouse and online via Zoom

Voting available only in-person, as per the First Parish bylaws

Childcare available -please sign up in advance:  
Email [clerk@firstparish.info](mailto:clerk@firstparish.info).

## Rose of Recognition: Marilyn Downs



A Parish Committee Rose goes to Marilyn Downs for her artistic creativity and generosity. In addition to her work on the Art Exhibition Committee, last year she donated her painting of Kate, a young woman who was enslaved by the Jason Russell family from infancy. The painting and a statement of context hang in our lobby.

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## Weekly & Monthly Events at First Parish

**These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.**

### Lectio Divina

*Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.*

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email [lectio@firstparish.info](mailto:lectio@firstparish.info) for more information.

### Meditation at First Parish

*Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.*

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email [meditation@firstparish.info](mailto:meditation@firstparish.info).

### Spirit Talk

*Meets every Monday via Zoom at 4pm.*

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email [spirittalk@firstparish.info](mailto:spirittalk@firstparish.info) for the Zoom link.

### Wednesday Chapel

*Meets Wednesdays via Zoom at 9pm, from October through February.*

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, [firstparish.info/events](http://firstparish.info/events).

### Men's Group

*Meets every other Sunday, 7:00 pm, Zoom.*

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for information.

### Older Men Lunch Meeting

*Meets every other Thursday, 12 noon, via Zoom.*

First Parish's Older Men's group continues to meet, using Zoom. Email [oldermen@firstparish.info](mailto:oldermen@firstparish.info) for more information.

### Community Potluck

*Monthly, last Wednesday, 6:00pm, Vestry.*

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email [star@firstparish.info](mailto:star@firstparish.info).

### Grief Support Group

*Monthly, fourth Tuesday, 7:30pm, Zoom.*

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on [firstparish.info/events](http://firstparish.info/events).

### Women Aging Well

*Monthly, fourth Thursday, 11:00 am.*

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: [agingwell@firstparish.info](mailto:agingwell@firstparish.info).

**Women's Alliance:** The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

### Women's Book Group

*Monthly, except summer, first Thursdays, 7:00 pm, Zoom.*

Email [womensbookgroup@firstparish.info](mailto:womensbookgroup@firstparish.info) with questions or for Zoom link. Books for May 2026: *Small Things Like These* and *Foster*, by Claire Keegan.

## Racial and Social Justice Groups

### Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18<sup>th</sup> century and facilitating discussions about what we plan to do about this ugly past. Email: [rjcc@firstparish.info](mailto:rjcc@firstparish.info)

### Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today. Email: [ijwg@firstparish.info](mailto:ijwg@firstparish.info)

### Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom. Email: [diversitybookclub@firstparish.info](mailto:diversitybookclub@firstparish.info), for Zoom link.

### Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: [DefendingDemocracy@firstparish.info](mailto:DefendingDemocracy@firstparish.info)

### Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: [PeaceandJustice@firstparish.info](mailto:PeaceandJustice@firstparish.info)