

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

dedicated to encouraging you to look at our full array of activities

March 8, 2026

Today

10:00am	Worship
11:30am	Who are UU? Discussion (<i>Damon</i>)
11:45am	Congregational Lunch (<i>Vestry</i>)
6:45pm	2 nd Sunday Covenant Group (<i>Damon</i>)
7:00pm	Men's Group (<i>Zoom</i>)

Learn more:
[www.firstparish.info/
events](http://www.firstparish.info/events)

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QR code
with your
phone



Religious Education this morning:

- Winter term continues with grade-level programming for preK-6.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

Tonight:

- Coming of Age, OWL, and Youth Group meet at 7pm.

Questions? Email Rev. Stevie Carmody at mre@firstparish.info.

Upcoming Events at First Parish

TODAY – Congregational Lunch following the service

Sunday, March 8, 11:30am, Vestry. All are welcome to our annual congregational lunch, sponsored by the Stewardship Committee. No RSVP necessary – join us after the service today for food, fun, and fellowship!

ALSO TODAY! Who are UU? Discussion

Sunday, March 8, 11:30am, Damon Room. Looking for connection? Join First Parish members for a guided conversation designed to ease us beyond small talk and learn more about each other. No registration required.

Young Adult Potluck

Friday, March 13, 6:30pm, Parlor. Help us build a vibrant young adult community (ages 18-35ish) at First Parish! We invite you to gather for food, fun, and connection. Lifelong member or new to the community—we want to see you there! Contributions of a dish, dessert, or drink are welcome, but please don't let that stop you from coming! *This is an alcohol-free event.*

Youth Parent Dinner – next Sunday evening

Sunday, March 15, 6:00pm, Vestry. Are you a parent/caregiver of a First Parish teen? A parent of a student in Coming of Age, OWL, or youth group? Come join Rev. Stevie, Rev. Erica, and the Stewardship committee for an evening of conversation and connection.

Listening Circles – hosted by the Transition Team (March 22 – 31)

Multiple sessions, beginning Sunday, March 22, 11:45am, Sanctuary. Please join us for one of these 90-minute small group sessions as we share our values, priorities and hopes for our beloved community. There are several sessions to choose from. **Registration is required and space is limited.**



New (or new-ish) to First Parish?

New Member Ceremony – during worship on Sunday, March 28

Sunday, March 29, during service, Sanctuary. Once a year, First Parish celebrates our new members with a ceremony during Sunday services. Have you been contemplating membership here? Wondering what it entails? If so, email the Membership Committee at Membership@firstparish.info.

Pathway to Membership Workshop with Rev. Erica Richmond

Sunday, March 29, 11:30am - 1:00pm, Damon. New to First Parish or just want to learn more? Join Rev. Erica and folks from the Membership Committee to learn more about FP and Unitarian Universalism. Attending one of these workshops is required for those considering joining our congregation. For more information email Membership@firstparish.info.

This Week

Mon Spirit Talk
4:00pm (Zoom)
In-person Meditation
6:00pm (Parlor)

Tue Lectio Divina
7:00am (Zoom)
2nd Tuesday Covenant Groups
7:00pm (1 in Damon, 2 in Parlor)
Membership Committee
7:00pm (Grady)
Worship Associates
7:00pm (Shinn)
HR Committee
7:30pm (Zoom)

Wed Lectio Divina
9:00am (Zoom)
2nd Wednesday Covenant Group
7:00pm (Parlor)
Evening Chapel
9:00pm (Zoom)

Thu Lectio Divina
8:00am (Zoom)
FP Staff Meeting – OFFICE CLOSED
12-2pm (Parlor)
First Parish Choir
6:45pm (Sanctuary)
First Parish Bell Choir
8:05pm (Sanctuary)

Fri Young Adult Potluck
6:30pm (Parlor)

Ferry Beach Registration OPENS TODAY!

Register soon for our beloved weekend retreat, held Sep. 25-27 in Saco, ME. SIGN UP NOW to secure your preferred lodging, as we will be sharing the facility with another group this year. Find the Ferry Beach table in the vestry after service to learn more.

Rose of Recognition: Reckoning & Repair

The Parish Committee is proud to recognize the Reckoning & Repair Working Group with a bouquet of roses for their unwavering efforts resulting in a three-year partnership with the Roxbury Youth Program.



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Weekly & Monthly Events at First Parish

These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.

Lectio Divina

Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email lectio@firstparish.info for more information.

Meditation at First Parish

Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email meditation@firstparish.info.

Spirit Talk

Meets every Monday via Zoom at 4pm.

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email spirittalk@firstparish.info for the Zoom link.

Wednesday Chapel

Meets Wednesdays via Zoom at 9pm, from October through February.

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, firstparish.info/events.

Men's Group

Meets every other Sunday, 7:00 pm, Zoom.

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email mensgroup@firstparish.info for information.

Older Men Lunch Meeting

Meets every other Thursday, 12 noon, via Zoom.

First Parish's Older Men's group continues to meet, using Zoom. Email oldermen@firstparish.info for more information.

Community Potluck

Monthly, last Wednesday, 6:00pm, Vestry.

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email star@firstparish.info.

Grief Support Group

Monthly, fourth Tuesday, 7:30pm, Zoom.

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on firstparish.info/events.

Women Aging Well

Monthly, fourth Thursday, 11:00 am.

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: agingwell@firstparish.info.

Women's Alliance: The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

Women's Book Group

Monthly, except summer, first Thursdays, 7:00 pm, Zoom.

Email womensbookgroup@firstparish.info with questions or for Zoom link. Book for April 2026: *The Emperor of Gladness* by Ocean Vuong.

Racial and Social Justice Groups

Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18th century and facilitating discussions about what we plan to do about this ugly past. Email: rjcc@firstparish.info

Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today. Email: ijwg@firstparish.info

Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom. Email: diversitybookclub@firstparish.info, for Zoom link.

Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: DefendingDemocracy@firstparish.info

Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: PeaceandJustice@firstparish.info