

# The Sunday Teaser

First Parish Unitarian Universalist in Arlington

March 15, 2026

dedicated to encouraging you to look at our full array of activities

## Today

10:00am	Worship
11:30am	Social Hour (Vestry)
6:00pm	Youth Parent Dinner (Vestry)
7:00pm	Men's Group (Zoom)

Learn more:  
[www.firstparish.info/events](http://www.firstparish.info/events)

Scan this  
QR code  
with your  
phone



### Religious Education this morning:

- Winter term continues with grade-level programming for preK-6.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

### Tonight:

- Youth Parent Pizza Dinner at 6pm in the Vestry!
- Coming of Age, OWL, and Youth Group meet at 7pm. YAC at 6pm.

Questions? Email Rev. Stevie Carmody at [mre@firstparish.info](mailto:mre@firstparish.info).

## Upcoming Events at First Parish

### Youth Parent Dinner – TONIGHT!

*Sunday, March 15, 6:00pm, Vestry.* Are you a parent/caregiver of a First Parish teen? A parent of a student in Coming of Age, OWL, or youth group? Come join Rev. Stevie, Rev. Erica, and the Stewardship committee for an evening of conversation and connection.

### Listening Circles – hosted by the Transition Team (March 22 – 31)

*Multiple sessions, beginning Sunday, March 22, 11:45am, Sanctuary.* Please join us for one of these 90-minute small group sessions as we share our values, priorities and hopes for our beloved community. There are several sessions to choose from. Registration is required and space is limited.



### Flash Quilting

*Saturday, March 21, 10am-2pm, Vestry.* Please join us for a fun day of sewing and community. THERE IS SOMETHING FOR EVERYONE! We will be hand quilting to complete the 2026 Harvest Moon Fair raffle quilt and continued cutting and machine sewing for the 2027 quilt.

## NO THRONES, NO CROWNS, NO KINGS

### Pizza and Poster-making for No Kings event at First Parish

*Monday, March 23, 6:00pm, Vestry.* All are welcome to join Defending Democracy to make signs and posters for the No Kings rally on March 28.

### No Kings Rally Arlington

*Saturday, March 28, 10am at the Meetinghouse.* Arlington residents will join millions across the country to say loud and clear: No Thrones. No Crowns. No Kings. Bring your friends and family to empower each other and help illustrate whose futures are on the line. Co-sponsored by Indivisible LAB.

## New (or new-ish) to First Parish?

### New Member Ceremony – during worship on Sunday, March 28

*Sunday, March 29, during service, Sanctuary.* Once a year, First Parish celebrates our new members with a ceremony during Sunday services. Have you been contemplating membership here? Wondering what it entails? If so, email the Membership Committee at [Membership@firstparish.info](mailto:Membership@firstparish.info).

### Pathway to Membership Workshop with Rev. Erica Richmond

*Sunday, March 29, 11:30am - 1:00pm, Damon.* New to First Parish or just want to learn more? Join Rev. Erica and folks from the Membership Committee to learn more about FP and Unitarian Universalism. Attending one of these workshops is required for those considering joining our congregation. For more information email [Membership@firstparish.info](mailto:Membership@firstparish.info).

## This Week

**Mon Spirit Talk**  
4:00pm (Zoom)  
**In-person Meditation**  
6:00pm (Parlor)  
**“How We Win” Book Discussion Series**  
7:00pm (Zoom)

**Tue Lectio Divina**  
7:00am (Zoom)  
**3<sup>rd</sup> Tues. Covenant Gr.**  
7:00pm (Grady)  
**Parish Committee**  
7:00pm (Zoom)

**Wed Lectio Divina**  
9:00am (Zoom)  
**3<sup>rd</sup> Wed. Covenant Gr.**  
7:00pm (1 in Parlor, 2 in Grady + on Zoom)  
**Trans. To Retirement**  
7:00 pm (Zoom)  
**Racial Justice Event**  
7:00pm (Vestry)  
**Evening Chapel**  
9:00pm (Zoom)

**Thu Lectio Divina**  
8:00am (Zoom)  
**Older Men's Lunch**  
12:00pm (Zoom)  
**First Parish Choir**  
6:45pm (Sanctuary)  
**“Love at the Center”**  
7:00pm (Zoom)  
**Property Committee**  
7:30pm (Parlor)  
**First Parish Bell Choir**  
8:05pm (Sanctuary)

**Sat Flash Quilting**  
10am – 2pm (Vestry)

### Ferry Beach Registration

Register soon for our beloved weekend retreat, held Sep. 25-27 in Saco, ME. SIGN UP NOW to secure your preferred

lodging, as we will be sharing the facility with another group this year.



### Easter Sunday at First Parish

Sunday, April 5, 2026  
10am at the Meetinghouse  
and online via Zoom

**Honor with Tulips**  
Brighten First Parish  
on Easter - donate a  
potted tulip plant.



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## Weekly & Monthly Events at First Parish

**These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.**

### Lectio Divina

*Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.*

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email [lectio@firstparish.info](mailto:lectio@firstparish.info) for more information.

### Meditation at First Parish

*Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.*

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email [meditation@firstparish.info](mailto:meditation@firstparish.info).

### Spirit Talk

*Meets every Monday via Zoom at 4pm.*

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email [spirittalk@firstparish.info](mailto:spirittalk@firstparish.info) for the Zoom link.

### Wednesday Chapel

*Meets Wednesdays via Zoom at 9pm, from October through February.*

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, [firstparish.info/events](http://firstparish.info/events).

### Men's Group

*Meets every other Sunday, 7:00 pm, Zoom.*

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for information.

### Older Men Lunch Meeting

*Meets every other Thursday, 12 noon, via Zoom.*

First Parish's Older Men's group continues to meet, using Zoom. Email [oldermen@firstparish.info](mailto:oldermen@firstparish.info) for more information.

### Community Potluck

*Monthly, last Wednesday, 6:00pm, Vestry.*

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email [star@firstparish.info](mailto:star@firstparish.info).

### Grief Support Group

*Monthly, fourth Tuesday, 7:30pm, Zoom.*

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on [firstparish.info/events](http://firstparish.info/events).

### Women Aging Well

*Monthly, fourth Thursday, 11:00 am.*

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: [agingwell@firstparish.info](mailto:agingwell@firstparish.info).

**Women's Alliance:** The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

### Women's Book Group

*Monthly, except summer, first Thursdays, 7:00 pm, Zoom.*

Email [womensbookgroup@firstparish.info](mailto:womensbookgroup@firstparish.info) with questions or for Zoom link. Book for April 2026: *The Emperor of Gladness* by Ocean Vuong.

## Racial and Social Justice Groups

### Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18<sup>th</sup> century and facilitating discussions about what we plan to do about this ugly past. Email: [rjcc@firstparish.info](mailto:rjcc@firstparish.info)

### Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today. Email: [ijwg@firstparish.info](mailto:ijwg@firstparish.info)

### Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom. Email: [diversitybookclub@firstparish.info](mailto:diversitybookclub@firstparish.info), for Zoom link.

### Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: [DefendingDemocracy@firstparish.info](mailto:DefendingDemocracy@firstparish.info)

### Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: [PeaceandJustice@firstparish.info](mailto:PeaceandJustice@firstparish.info)