

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

dedicated to encouraging you to look at our full array of activities

Today

10:00am	Worship
11:45am	Transition Discussions (Sanctuary)
7:00pm	4 th Sunday Covenant Group (Zoom)
7:00pm	Men's Group (Zoom)

February 22, 2026

Learn more:
www.firstparish.info/events

Scan this
code
with your
phone



Religious Education this morning:

- Winter term continues with grade-level programming for preK-7.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

Tonight:

- Coming of Age – session 3. YAC meets at 6pm, Youth Group 7pm.

Questions? Email Rev. Emily Conger, Adjunct DRE: mre@firstparish.info.

Upcoming Events at First Parish

TODAY - Common Ground: What Connects and Sustains Us

Sunday, February 22, 11:45 - 2pm (in the Sanctuary), or Thursday, February 26, 7 - 8:30 pm (Virtual). Join the Transition Team, Parish Committee, and our UUA staff person, Hillary Allen. We'll learn about the ministerial search process, then join small group conversations. Lunch and childcare provided on 2/22. Content of both will be the same – join one or both. [Register online](#).



Walking in Beauty Through Difficult Times with Lupita McClanahan

Tuesday, February 24, 6:30pm, Parlor. Join the First Parish IJWG to hear Diné elder Lupita McClanahan's powerful stories of resilience and discover how we, too, can walk in "The Beauty Way," a core practice of the Diné people. Free but registration required via email: hleavell@dallin.org.

Monthly Community Potluck for February

Wednesday, February 25, 6:00pm, Vestry. All are welcome. No sign-up needed. Please bring a dish to share (but if you can't, still come – there will be plenty of food for all) and if possible, bring your own dishes and utensils.

From Guerilla to Grandmother with Peace Activist Katherine Power

Friday, February 27, 6:30pm, Vestry. Katherine Power, author of *SURRENDER: My Journey from Guerilla to Grandmother*, will join us to share her story and talk with us about taking action to bring about change. All are welcome. Organized by the Alliance.

Free Family Game Night!

Saturday, February 28, 5:00pm, Vestry. Please join us for this free family game night! We'll provide games and pizza. Additional games and desserts are welcome, but not necessary. Co-sponsored by the Stewardship and Religious Education committees.

What Do We Mean By "Covenant" Workshop with Rev. Jonipher Kwong

Sunday, March 11:30am, Parlor. Join Rev. Jonipher and the Membership Committee to learn what we mean by "covenant."

February Meeting Date Changes

Parish Committee – date moved from February 17 to February 24

Tuesday, February 24, 7:00pm, Zoom. Parish Committee meetings are open to the entire First Parish community – join via Zoom using the link in the 2/12 or 2/19 eBulletin, or email parcom-exec@firstparish.info for the link.

Property Committee – date moved from February 19 to February 26

Thursday, February 26, 7:30pm, Parlor. Interested in pitching in to help maintain our wonderful campus? Join a Property Committee meeting on 3rd Thursdays of most months (moved this month to 4th!) to check it out.

This Week

Mon	Spirit Talk 4:00pm (Zoom)
	In-person Meditation 6:00pm (Parlor)
	RE Committee 7:00pm (Grady)

Tue	Lectio Divina 7:00am (Zoom)
	Walking in Beauty with Lupita McClanahan 6:30pm (Parlor)
	Parish Committee 7:00pm (Zoom)
	Grief Support Group 7:30pm (Zoom)

Wed	Lectio Divina 9:00am (Zoom)
	Community Potluck 6:00pm (Vestry)
	Evening Chapel 9:00pm (Zoom)

Thu	Lectio Divina 8:00am (Zoom)
	Aging Well 11:00am (Zoom)
	First Parish Choir 6:45pm (Sanctuary)
	Property Committee 7:00pm (Parlor)
	First Parish Bell Choir 8:05pm (Sanctuary)

Fri	Alliance Program with Katherine Power 6:30pm (Vestry)
Sat	Family Game Night 5:00pm (Vestry)

Seeking Recommendations for the new Settled Minister Search Committee

 Help shape our future by recommending members to serve on the Settled Minister Search Committee—submissions due March 2.

Rose of Recognition: Steph Miserlis

The Parish Committee extends a Rose to Steph Miserlis, volunteer moderator of FPConnectionBoard. Since 2020, Steph has supported the email list Arlington congregants often use for info, connection and support.



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Weekly & Monthly Events at First Parish

These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.

Lectio Divina

Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email lectio@firstparish.info for more information.

Meditation at First Parish

Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email meditation@firstparish.info.

Spirit Talk

Meets every Monday via Zoom at 4pm.

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email spirittalk@firstparish.info for the Zoom link.

Wednesday Chapel

Meets Wednesdays via Zoom at 9pm, from October through February.

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, firstparish.info/events.

Men's Group

Meets every other Sunday, 7:00 pm, Zoom.

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email mensgroup@firstparish.info for information.

Older Men Lunch Meeting

Meets every other Thursday, 12 noon, via Zoom.

First Parish's Older Men's group continues to meet, using Zoom. Email oldermen@firstparish.info for more information.

Community Potluck

Monthly, last Wednesday, 6:00pm, Vestry.

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email star@firstparish.info.

Grief Support Group

Monthly, fourth Tuesday, 7:30pm, Zoom.

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on firstparish.info/events.

Women Aging Well

Monthly, fourth Thursday, 11:00 am.

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: agingwell@firstparish.info.

Women's Alliance: The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

Women's Book Group

Monthly, except summer, first Thursdays, 7:00 pm, Zoom.

Email womensbookgroup@firstparish.info with questions or for Zoom link. Book for March 2026 (meets 3/5): *The Correspondent* by Virginia Evans.

Racial and Social Justice Groups

Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18th century and facilitating discussions about what we plan to do about this ugly past. Email: rjcc@firstparish.info

Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today.

Email: ijwg@firstparish.info

Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom.

Email: diversitybookclub@firstparish.info, for Zoom link.

Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: DefendingDemocracy@firstparish.info

Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: PeaceandJustice@firstparish.info