

# The Sunday Teaser

First Parish Unitarian Universalist in Arlington

dedicated to encouraging you to look at our full array of activities

## Today

10:00am	Worship
7:00pm	Men's Group (Zoom)
7:00pm	2 <sup>nd</sup> Sunday Covenant Group (Damon)

February 15, 2026

### Learn more:

[www.firstparish.info/events](http://www.firstparish.info/events)

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code  
with your  
phone



### Religious Education this morning:

- All-together activity for grades K-7. PreK class offered as usual.
- Nursery care for babies / toddlers (up to age three), 10am-11:30am

### Tonight:

- No Coming of Age or Youth Group due to holiday weekend.

Questions? Email Rev. Emily Conger, Adjunct DRE: [mre@firstparish.info](mailto:mre@firstparish.info).

## Upcoming Events at First Parish

### Culture as Resistance – UU Urban Ministry Community Conversation

Thursday, February 19, 6:00pm, [Zoom](#) (link on First Parish website).

Explore how culture functions as a form of resistance and survival. Featured speakers: Akili Jamal Haynes and Dayenne Walters.

### Common Ground: What Connects and Sustains Us

Sunday, February 22, 11:45 - 2pm (in the Sanctuary), or Thursday, February 26, 7 - 8:30 pm (Virtual). Join the Transition Team, Parish Committee, and our UUA staff person, Hillary Allen. We'll learn about the ministerial search process, then join small group conversations. Lunch and childcare provided on 2/22. Content of both will be the same – join one or both. [Register online](#).



### Visioning Collage Workshop

Sunday, February 22, 12:00pm, Parlor. What are your goals for 2026? Join us to create a visual representation of your intentions through collage. Raw materials provided - feel free to bring your own pictures or ephemera to include. [Please register online](#).

### Walking in Beauty Through Difficult Times with Lupita McClanahan

Tuesday, February 24, 6:30pm, Parlor. Join the First Parish IJWG to hear Diné elder Lupita McClanahan's powerful stories of resilience and discover how we, too, can walk in "The Beauty Way," a core practice of the Diné people. Free but registration required via email: [hleavell@dallin.org](mailto:hleavell@dallin.org).

### Monthly Community Potluck for February

Wednesday, February 25, 6:00pm, Vestry. All are welcome. No sign-up needed. Please bring a dish to share (but if you can't, still come – there will be plenty of food for all) and if possible, bring your own dishes and utensils.

### From Guerilla to Grandmother with Peace Activist Katherine Power

Friday, February 27, 6:30pm, Vestry. Katherine Power, author of *SURRENDER: My Journey from Guerilla to Grandmother*, will join us to share her story and talk with us about taking action to bring about change. All are welcome. Organized by the Alliance.

## February Meeting Date Changes

### Parish Committee – date moved from February 17 to February 24

Tuesday, February 24, 7:00pm, [Zoom](#). Parish Committee meetings are open to the entire First Parish community – join via Zoom using the link in the 2/12 or 2/19 eBulletin, or email [parcom-exec@firstparish.info](mailto:parcom-exec@firstparish.info) for the link.

### Property Committee – date moved from February 19 to February 26

Thursday, February 26, 7:30pm, Parlor. Interested in pitching in to help maintain our wonderful campus? Join a Property Committee meeting on 3rd Thursdays of most months (moved this month to 4<sup>th</sup>!) to check it out.

## This Week

Mon FP OFFICE CLOSED

### Spirit Talk

4:00pm (Zoom)

### In-person Meditation

6:00pm (Parlor)

### Transition to Retirement

7:00pm (Zoom)

Tue Lectio Divina

7:00am (Zoom)

### 3<sup>rd</sup> Tues Covenant Gr.

7:00pm (Grady)

### Diversity Book Club

7:00pm (Zoom)

Wed Lectio Divina

9:00am (Zoom)

### 3<sup>rd</sup> Wed. Covenant Gr.

7:00pm (1 inParlor,  
2 in Grady)

### Evening Chapel

9:00pm (Zoom)

Thu Lectio Divina

8:00am (Zoom)

### Older Men's Lunch

12:00pm (Zoom)

### Culture as Resistance

6:00pm (Zoom)

### First Parish Choir

6:45pm (Sanctuary)

### Love at the Center

7:00pm (Zoom)

### First Parish Bell Choir

8:05pm (Sanctuary)

### Seeking Settled Minister Search Committee Recs.!



Help shape our  
future by  
recommending  
members to serve  
on the Settled  
Minister Search Committee—  
submissions due February 22.

### Rose of Recognition: Steph Miserlis



The Parish Committee  
extends a Rose to Steph  
Miserlis, volunteer moderator  
of FPConnectionBoard. Since  
2020, Steph has supported  
the email list we use for info,  
connection and support.

### Save Date – Ferry Beach '26!

Friday, Sept. 25 to Sunday,  
Sept. 27, in Saco, ME. All are  
welcome! Registration opens  
soon! Questions? Email  
[FerryBeach@FirstParish.info](mailto:FerryBeach@FirstParish.info).

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## Weekly & Monthly Events at First Parish

These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.

### Lectio Divina

Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email [lectio@firstparish.info](mailto:lectio@firstparish.info) for more information.

### Meditation at First Parish

Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email [meditation@firstparish.info](mailto:meditation@firstparish.info).

### Spirit Talk

Meets every Monday via Zoom at 4pm.

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email [spirittalk@firstparish.info](mailto:spirittalk@firstparish.info) for the Zoom link.

### Wednesday Chapel

Meets Wednesdays via Zoom at 9pm, from October through February.

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, [firstparish.info/events](http://firstparish.info/events).

### Men's Group

Meets every other Sunday, 7:00 pm, Zoom.

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for information.

### Older Men Lunch Meeting

Meets every other Thursday, 12 noon, via Zoom.

First Parish's Older Men's group continues to meet, using Zoom. Email [oldermen@firstparish.info](mailto:oldermen@firstparish.info) for more information.

### Community Potluck

Monthly, last Wednesday, 6:00pm, Vestry.

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email [star@firstparish.info](mailto:star@firstparish.info).

### Grief Support Group

Monthly, fourth Tuesday, 7:30pm, Zoom.

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on [firstparish.info/events](http://firstparish.info/events).

### Women Aging Well

Monthly, fourth Thursday, 11:00 am.

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: [agingwell@firstparish.info](mailto:agingwell@firstparish.info).

**Women's Alliance:** The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

### Women's Book Group

Monthly, except summer, first Thursdays, 7:00 pm, Zoom.

Email [womensbookgroup@firstparish.info](mailto:womensbookgroup@firstparish.info) with questions or for Zoom link. Book for March 2026 (meets 3/5): *The Correspondent* by Virginia Evans.

## Racial and Social Justice Groups

### Racial Justice Coordinating Committee

RJCC continues to further our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18<sup>th</sup> century and facilitating discussions about what we plan to do about this ugly past. Email: [rjcc@firstparish.info](mailto:rjcc@firstparish.info)

### Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of MA, beginning centuries ago and continuing today.

Email: [ijwg@firstparish.info](mailto:ijwg@firstparish.info)

### Diversity Book Club

All are welcome, please join us, generally on the third Tuesday every other month on Zoom.

Email: [diversitybookclub@firstparish.info](mailto:diversitybookclub@firstparish.info), for Zoom link.

### Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented, non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to live our faith through action. Email: [DefendingDemocracy@firstparish.info](mailto:DefendingDemocracy@firstparish.info)

### Peace and Justice in Israel-Palestine Working Group

We organize programs, guest speakers, and films for people to reflect on events in Israel-Palestine within a framework of Unitarian Universalist values. Email: [PeaceandJustice@firstparish.info](mailto:PeaceandJustice@firstparish.info)