



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

May 25, 2025

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 5:14am and will set at 8:09pm *in sh'allah*
bringing us 14 hours, 54 minutes of sunlight,
12 minutes more than last Sunday.

The moon is waning toward a new moon on Monday.

Monday is Memorial Day,
a national holiday honoring and remembering
those who died while serving in the U.S. military.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Come Sunday, from “Black, Brown and Beige”

Duke Ellington

Jim Austin, piano

Rev. Stevie Carmody, saxophone

Caryn Sandrew, vocals

Welcome and Announcements

Rev. Erica Federspiel Richmond, Parish Minister

Greeting Your Neighbor

Call to Worship and Chalice Lighting

Rev. Fred Small, Guest Minister

Hymn

Bright Morning Star

Traditional Appalachian, new verses by Rev. Small

Time for All Ages

Rev. Fred Small

“Everything Possible”

Words and music by Rev. Fred Small

As children leave for religious education we sing:

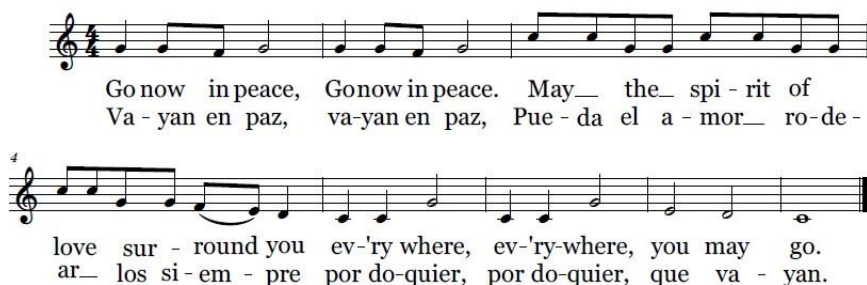
Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth



The image shows the musical notation for the hymn 'Go Now in Peace'. It consists of two staves of music in 4/4 time. The first staff contains the melody for the first line of the hymn, and the second staff contains the melody for the second line. The lyrics are written below the notes.

Go now in peace, Go now in peace. May the spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor ro-de -

love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar- los si-em - pre por do-quier, por do-quier, que va - yan.

Celebrations and Concerns

Robbie Rinearson
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.
If you wish to speak of your joy or sorrow,
please line up after placing your stone.
When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.

Interlude for the Placing of Stones

Stones Music
Kenneth Seitz, piano

Prayer and Silent Meditation

Bill Licea-Kane
Worship Associate

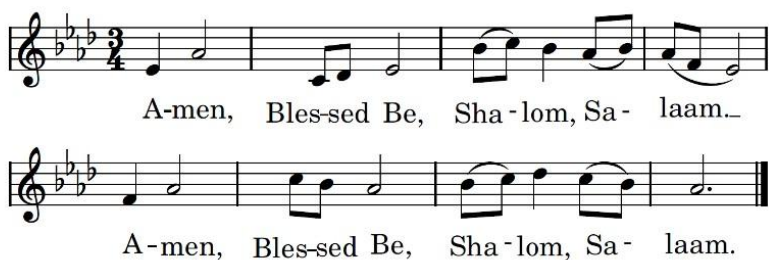
Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz



Offering

Nature Boy

Eden Ahbez

Jim Austin, piano; Caryn Sandrew, vocals

*This Sunday half of the offering supports the
Massachusetts Bail Fund.*

*The Massachusetts Bail Fund (MBF) pays bail
to secure freedom from pre-trial incarceration
so that those who cannot afford their bail
can be in their community to fight their case.*

*Pre-trial freedom allows individuals, families, and
communities to stay productive, together, and stable.*

*The remaining half of your offering supports the
life and work of this Parish.*

*To donate using your smartphone, you may text
“fpuu offering” to 73256. Then follow the directions in
the texts you receive. If you would like your entire
offering to support your pledge, indicate “pledge” on
your check or envelope.*

Hymn 163

For the Earth Forever Turning

Reading

excerpt from *Crazy Brave*

Joy Harjo

Sermon

Rev. Fred Small, Guest Minister

“The Peace of Trees”

Hymn

Tree of Life

Guy Carawan

Benediction

Rev. Erica Federspiel Richmond

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

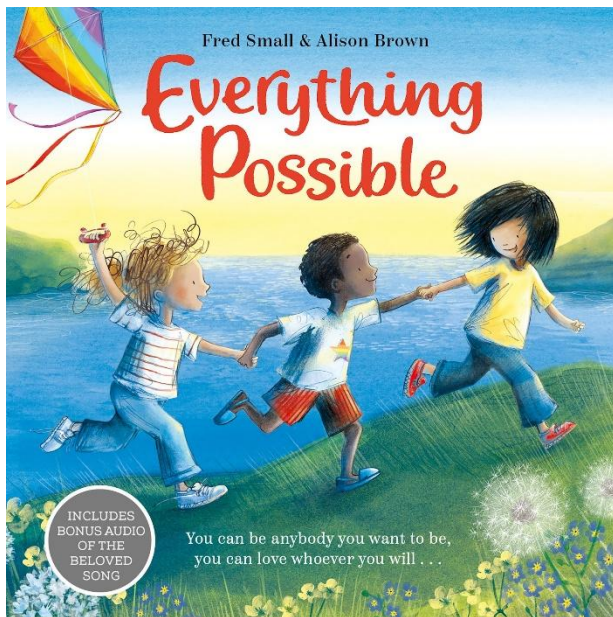
Postlude

What the old oak said
John Orth
Kenneth Seitz, piano

*Our postlude is the concluding passage of our
common worship.
All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*



During this morning's worship we'll be singing "Everything Possible," Fred Small's classic lullaby of unconditional love and inclusion. A picture book edition of Fred's song will be available for sale after the service, and Fred will be glad to inscribe your copy.

If you're joining us remotely this morning, you can find *Everything Possible* at your local bookstore or online at <https://nosycrow.us/product/everything-possible/>.

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish's Mission

First Parish is committed to inward spiritual growth, side by side companionship of one another, and turning outward in our work in the world.

We choose to be a liberal religious community,
welcoming to all.

We encourage each other on our spiritual journeys,
Support one another through the changes in our lives,
And challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Marie Meter, Chair	Kate Tranquada, Vice-Chair
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer
John Anderson	Jeff Keffer
	Susan Moore
Amy Speare	Allan Tosti

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.