



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

November 17, 2024

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 6:38am and will set at 4:21pm *in sh'allah*
bringing us 9 hours, 43 minutes of sunlight,
15 minutes less than last Sunday.

The moon is waning toward the last quarter on Friday.

A Musical Celebration

Twice a year the Music Programs shapes our worship service.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Going to Church
Wilhelm Peterson-Berger
Kenneth Seitz, piano

Welcome and Announcements

Rev. Erica Federspiel Richmond, Parish Minister

Greeting Your Neighbor

Call to Worship and Chalice Lighting

Bill Licea-Kane, Worship Associate

*The blue chalice is on our chancel table
in observance of Transgender Awareness Week and
Transgender Day of Resilience.*

Hymn 36

When in Our Music

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

As children leave for religious education we sing:

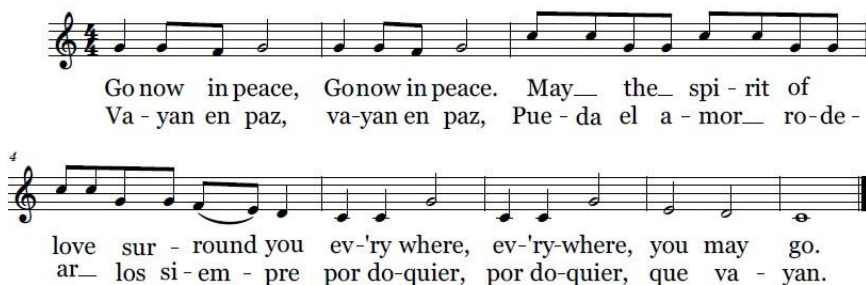
Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth



The musical notation is written on two staves in 4/4 time. The first staff contains the melody for the first line of the hymn, and the second staff contains the melody for the second line. The lyrics are written below the notes.

Go now in peace, Go now in peace. May the spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor ro-de -

love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar- los si - em - pre por do-quier, por do-quier, que va - yan.

Celebrations and Concerns

Jeanne Feeley
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.
If you wish to speak of your joy or sorrow,
please line up after placing your stone.
When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.

Interlude for the Placing of Stones

Candle Music
Kenneth Seitz, piano

Prayer and Silent Meditation

Rev. Marta Morris Flanagan, Lead Minister

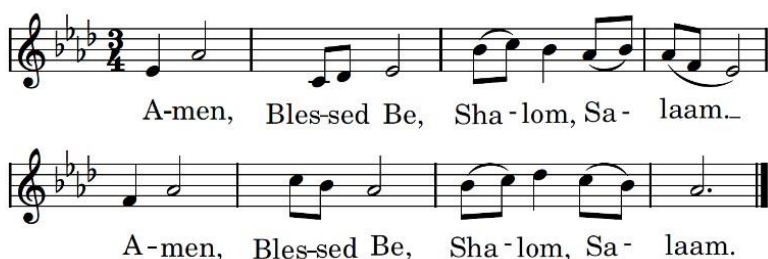
Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz



Reading

Selections from *Letters to a Young Poet*
Rainer Maria Rilke
Read by Rev. Erica Richmond

Offering

I Believe
Mark Miller
First Parish Choir
First Parish String Quartet

*This Sunday half of your offering supports
Resource Organizing Project.
ROP collaborates with and provides training to
justice and liberation organizations
in New England.
ROP is endorsed by the
Reparations Interfaith Coalition
and the Episcopal Dioceses.*

*The remaining half of your offering supports the
life and work of this Parish.
To donate using your smartphone, you may text
“fpuu offering” to 73256.
Then follow the directions in the texts you receive.
If you would like your entire offering to support
your pledge, indicate “pledge” on your check.*

Hymn 131

Love Will Guide Us

Reading

I Choose Love
Maithri Goonetilleke
Read by Dr. Daniel Parsley

Reflection

Dr. Daniel Parsley, Music Director

Musical Reflection

Five Hebrew Love Songs
Eric Whitacre
First Parish Choir
First Parish String Quartet

Five Hebrew Love Songs

Translated from the Hebrew by Hila Plitmann

I) Temuná (*A Picture*)

Temuná belibí
charuntá;
Nodédet beyn ór uveyn
ófel:
Min dmamá shekazó et
guféch kach otá,
Usaréch al paña'ich
kach nófel.

*A picture is engraved in my
heart;
Moving between light and
darkness:
A sort of silence envelopes
your body,
And your hair falls upon
your face just so.*

II) Kalá Kallá (*Light Bride*)

Kalá kallá
Kulá shelí,
U've kalút
Tishákhílí!

*Light bride
She is all mine,
And lightly
She will kiss me!*

III) Laróv (*Mostly*)

“Laróv,” amár gag
la'shama'im,
“Hamerchák
shebeynéynu hu ad;
Ach lifnéy zman alu
lechán shna'im,
Uveynéynu nishár
sentiméter echad”

*“Mostly,” said the roof to the
sky,
“the distance between you
and I is endlessness;
But a while ago two came up
here,
And only one centimeter was
left between us.”*

IV) Éyze Shéleg! (*What Snow!*)

Éyze shéleg!
Kmo chalomót ktaníim
Noflím mehashamá im.

*What snow!
Like little dreams
Falling from the sky.*

V) Rakút (*Tenderness*)

Hu hayá malé rakút;
Hi haytá kasha
Vechól káma shenistá
lehisshaér kach,
Pashút, uvlí sibá
tová,
Lakách otá el toch
atzmó,
Veheníach Bamakóm
hachí rach.

*He was full of tenderness;
She was very hard.
And as much as she tried to
stay thus,
Simply, and with no good
reason,
He took her into
himself,
And set her down
In the softest, softest place.*

Benediction

Rev. Marta Morris Flanagan

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

In Autumn
Edward MacDowell
Kenneth Seitz, piano

*Our postlude is the concluding passage of our
common worship.*

All are asked to remain seated during the postlude.

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish's Mission

First Parish is committed to inward spiritual growth, side by side companionship of one another, and turning outward in our work in the world.

We choose to be a liberal religious community,
welcoming to all.

We encourage each other on our spiritual journeys,
Support one another through the changes in our lives,
And challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.