



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

November 3, 2024

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 6:21am and will set at 4:36pm *in sh'allah*
bringing us 10 hours, 15 minutes of sunlight,
18 minutes less than last Sunday.

The moon is waxing to the first quarter on Saturday.

Today marks the end of Daylight Savings Time and
we have set our clocks back one hour.

Tuesday is Election Day in the United States.
In New England beginning in the 1630s,
the Sunday sermon before "voting day"
was devoted to the living of religious values
in the life of the citizenry and the state.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Promissory Notes
Kenneth Seitz
Kenneth Seitz, piano

Welcome and Announcements

Rev. Erica Richmond
Parish Minister

Greeting Your Neighbor

Call to Worship and Chalice Lighting

Rev. Marta Morris Flanagan, Lead Minister

Song 12

Meditation on Breathing

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

As children leave for religious education we sing:

Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth

The musical notation is written on two staves in 4/4 time. The first staff contains the first line of the melody, and the second staff contains the second line. The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The melody is simple and repetitive, with a clear cadence at the end of each line.

Go now in peace, Gonow in peace. May_ the_ spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor_ ro-de -
love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar_ los si - em - pre por do-quier, por do-quier, que va - yan.

Spoken Memorials

Rev. Marta Morris Flanagan

*On the first Sunday of the month the names of those
in the community who died this year are read aloud.
Those who died this month in the past are printed in
the order of service.*

Celebrations and Concerns

Julie Garry
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.

Interlude for the Placing of Stones

Candle Music
Kenneth Seitz, piano

Prayer and Silent Meditation

David Whitford
Worship Associate

Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz

The musical notation is written on two staves in 3/4 time, with a key signature of three flats (B-flat, E-flat, A-flat). The melody is simple and repetitive. The first staff shows the first phrase: 'A-men, Bles-sed Be, Sha-lom, Sa-laam..'. The second staff shows the second phrase: 'A-men, Bles-sed Be, Sha-lom, Sa-laam.'.

A-men, Bles-sed Be, Sha-lom, Sa-laam..

A-men, Bles-sed Be, Sha-lom, Sa-laam.

Offering

Oye
Jim Papoulis
First Parish Choir

*This Sunday half of your offering supports
Resource Organizing Project.
ROP collaborates with and provides training to
justice and liberation organizations
in New England.
ROP is endorsed by the
Reparations Interfaith Coalition
and the Episcopal Dioceses.*

*The remaining half of your offering supports the
life and work of this Parish.
To donate using your smartphone, you may text
“fpuu offering” to 73256.
Then follow the directions in the texts you receive.
If you would like your entire offering to support
your pledge, indicate “pledge” on your check.*

Song 34

I Am Willing

Sermon

Rev. Erica Federspiel Richmond

Song 17

Swimming to the Other Side

Benediction

Rev. Marta Morris Flanagan

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

Sympathy
Rudolf Friml
Kenneth Seitz, piano

*Our postlude is the concluding passage of our
common worship.*

All are asked to remain seated during the postlude.

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

*** Post-Election Gatherings at First Parish ***

Post-Election Community Gathering

Thursday, November 7, 7:00pm, Vestry and Parlor
Gather for companionship and to share perspectives.
Join a conversation in the Vestry (adults and youth group)
or all-ages crafting in the Parlor.

All-Ages Post-Election Dance Party

Saturday, November 9, 6:00pm, Vestry and Sanctuary
All are welcome as we have some fun and blow off steam!
Regardless of the results, this election season has taken a toll
on our nervous systems. Let's move our bodies and find joy!

Worship and Reverberations

Sunday, November 10, 10:00am
Rev. Marta Flanagan will preach, and the worship service
will be followed by conversation in the Sanctuary
facilitated by Marta and Rev. Erica.

For more information on the ballot questions
please visit

<https://www.wbur.org/news/2024/09/26/voter-guide-massachusetts-boston-presidential-election-harris-trump>

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story,
wherever you are on your journey.

In worship we seek both affirmation and challenge, for these
are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious
orientations, but we do not seek sameness or some common
denominator. We engage in worship with open hearts and
minds. Our sung and spoken words reflect a range of
religious perspectives.

In worship, some elements will touch us deeply, and some
will not. Whatever our personal preferences about the
elements in any worship service, we say, *You sing my hymn,*
I sing yours. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish's Mission

First Parish is committed to inward spiritual growth, side by
side companionship of one another, and turning outward in our
work in the world.

We choose to be a liberal religious community,
welcoming to all.

We encourage each other on our spiritual journeys,
Support one another through the changes in our lives,
And challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

Remembrances

November 2024

*On the first Sunday of each month we remember loved ones
who died that month in years past.*

Lester Page,
father of Wendy Page, died November 15, 1960

Ronald David Lipton,
brother of Alan Linov, died November 14, 1973

Harry Friedlander,
grandfather of Sherry Greene, died November 1973

Richard Coode Hodges,
father of John Hodges, died November 1974

Florence Greene,
grandmother of Sherry Greene, died November 1974

Jeffery Edwards Dunn,
brother of Julie Dunn, died November 30, 1980

Martha Estabrook,
mother of Tom Estabrook, died November 25, 1988

Rev. Kenrick Martin Baker, Jr.,
father of Katja Baker, died November 17, 1992

Perry Lockwood Gardner,
father of P.J. Gardner, died November 9, 1994

Marion Aschaffenburg Baker,
mother of Katja Baker, died November 27, 1997

Fred Zimmer,
father of Bonnie Zimmer, died November 2, 1998

William J. Gardiner Sr.,
father of Bill Gardiner, died November 27, 2001

Jim Christmann,
husband of Sue Costello, father of Pete and Will Christmann,
died November 30, 2001

Gerard J. Silveri,
father of Marisa Silveri, died November 10, 2002

Sophia Stillerman,
mother of Joshua Stillerman, died November 13, 2002

Ira Smith Sheffler,
father of Sue Sheffler, died November 2002

Edna Bashkin Smith,
mother of Randy Smith, mother-in-law of Lori Kenschaft,
died on November 8 or 9, 2003

Jim McMullin,
father of Stephen McMullin, died November 10, 2004

Manuel Stillerman,
father of Joshua Stillerman, died November 25, 2004

Evelyn Licea,
mother of Erica Licea-Kane, died November 19, 2005

Barbara Walton,
mother of Tracy Walton, died November 24, 2005

Mary Pelosi,
mother of Andrea Pelosi Winslow, died November 23, 2008

Thomas Elton Hartman,
father of Jennifer Hartman Kobayashi,
died November 30, 2009

Elizabeth Hering Gardner,
mother of Annie Gardner, died November 2010

Mary Lou Cook,
mother of Laura Cook, mother-in-law of Joe Cook
“GrammaLou” of Daniel and Ben, died November 3, 2010

Gilda Stinson Bergman
mother of Cynthia Stinson, died November 27, 2013

Webster O’Brien,
husband of Jennifer O’Brien
and father of Winter and Bennett O’Brien,
died November 29, 2015

Marie Wildgrube Gomez,
mother of Loren Gomez, died November 4, 2017

Raymond Simon,
father of Melissa Berczuk, died November 7, 2017

Robert Matson,
father of Jack Matson, died November 24, 2017

David Terry,
father of Joe Terry, died November 27, 2017

Lynn Vanderpoel,
mother of Ellen Robie, died November 29, 2017

Josephine Marie McMullin,
mother of Stephen McMullin, died November 2, 2018

Barbara Foley,
sister of Steve McMullin, died November 2, 2021

Phyllis Held,
aunt of Bonnie Zimmer, died November 15, 2021

Paul Gysan,
father of Joel Carlton-Gysan, died November 30, 2021

Lois E. Feeley,
stepmother of Jeanne Feeley, died November 11, 2022

Robert Ehlert,
father of Anne Ehlert, died November 20, 2022

Patricia Clark Kenschaft,
mother of Lori Kenschaft, died November 20, 2022

Patricia Fernandez,
mother of Anthony Fernandez, died November 2, 2023

Mary Miserlis
aunt of Stephanie Miserlis, died November 18, 2023

Margarete Constanze Bosslet
mother of Sibylle Bosslet, died November 21, 2023

Santo Pullara,
father of Christine Pullara, died November 24, 2023

*If you would like a loved one remembered in future months,
contact spokenmemorials@firstparish.info*

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.