



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

October 27, 2024

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 7:12am and will set at 5:45pm *in sh'allah*
bringing us 10 hours, 33 minutes of sunlight,
19 minutes less than last Sunday.

The moon is waning toward a new moon on Friday

For Hindus Thursday is Diwali
For Pagans of the Wiccan tradition, Thursday is Samhain.
For Christians Friday is All Saint Day.

Today at First Parish we mark an All Souls Observance.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Spooky Spooks Foxtrot: part 1

Edward B. Claypoole

First Parish Bell Choir

Jennifer Kobayashi - director

Anne Cross

James Fleming

Katherine Fleming

Andrew Kobayashi

Sanjay Newton

Adam MacNeill

Welcome and Announcements

Rev. Marta Morris Flanagan, Lead Minister

Greeting Your Neighbor

Call to Worship and Chalice Lighting

Rev. Marta Morris Flanagan

Dressing an Altar of Remembrance

Litany of All Souls' Day

Franz Schubert, arr. by Kenneth Seitz

Kenneth Seitz, piano

You are invited to bring forward a note,
a photo or an object of remembrance
that calls to mind a loved one who has passed.

Song 21

Life Calls Us On

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

As children leave for religious education we sing:

Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth

The musical score is written on two staves in 4/4 time. The first staff contains the first line of the song, and the second staff contains the second line. The lyrics are written below the notes.

Go now in peace, Gonow in peace. May_ the_ spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor_ ro-de -

love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar_ los si - em - pre por do-quier, por do-quier, que va - yan.

Prayer and Silent Meditation

Loren Gomez, Worship Associate

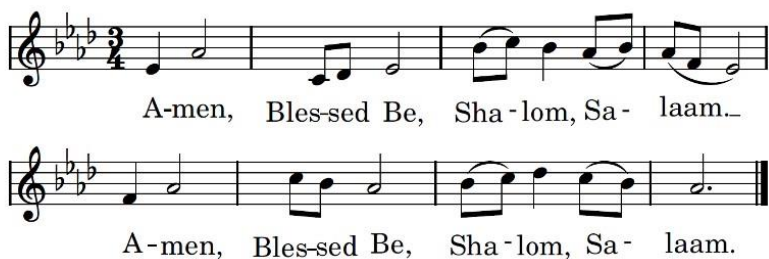
Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz



Offering

Kalá kallá from *Five Hebrew Love Songs*
Eric Whitacre
First Parish Choir

*This Sunday half of the offering supports
The Native Land Conservancy of Mashpee, MA,
an Indigenous-led land conservation nonprofit.*

*The remaining half of your offering supports
the life and work of this Parish.
To donate using your smartphone,
you may text “fpuu offering” to 73256.
If you would like your entire offering to support
your pledge, indicate “pledge” on your check.*

Reading

Song 19

Sacred Space

Sermon

Rev. Marta Morris Flanagan

Ritual of Remembrance

Hymn 103

For All the Saints

Benediction

Rev. Marta Morris Flanagan

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

In Remembrance
Robert Schuman
Kenneth Seitz, piano

*Our postlude is the concluding passage of our
common worship.
All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish's Mission

First Parish is committed to inward spiritual growth, side by side companionship of one another, and turning outward in our work in the world.

We choose to be a liberal religious community,
welcoming to all.

We encourage each other on our spiritual journeys,
Support one another through the changes in our lives,
And challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

Good Grief
by Amanda Gorman

The origin of the word *trauma*
Is not just "wound," but "piercing" or "turning,"
As blades do when finding home.
Grief commands its own grammar,
Structured by intimacy & imagination.
We often say:
We are beside ourselves with grief.
We can't even imagine.
This means anguish can call us to envision
More than what we believed was carriable
Or even survivable.
This is to say, there does exist
A good grief.

The hurt is how we know
We are alive & awake;
It clears us for all the exquisite,
Excruciating enormities to come.
We are pierced new by the turning
Forward.

All that is grave need
Not be a burden, an anguish.
Call it, instead, an anchor,
Grief grounding us in its sea.
Despair exits us the same way it enters-
Turning through the mouth.
Even now conviction works
Strange magic on our tongues.
We are built up again
By what we
Build/find/see/say/remember/know.
What we carry means we survive,
It is what survives us.
We have survived us.
Where once we were alone,
Now we are beside ourselves.
Where once we were barbed & brutal as blades,
Now we can only imagine.

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*
Rev. Erica Federspiel Richmond, *Parish Minister*
Rev. Stevie Carmody, *Minister of Religious Education*
Daniel Parsley, *Music Director*
Kenneth Seitz, *Director of Music, Emeritus*
Rose Sawyer Marsh, *Youth Program Coordinator*
Bella Jaffe, *Religious Education Assistant*
Ebieri Omoregie, *Office Manager*
Allison Sillers, *Office & Communications Associate*
Jaqueline De Jesus, *Sexton*
Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.