



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

October 20, 2024

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 7:04am and will set at 5:55pm *in sh'allah*
bringing us 10 hours, 52 minutes of sunlight,
19 minutes less than last Sunday.

The moon is waning toward the last quarter on Thursday

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Song of the Pilgrim
Felix Mendelssohn
Kenneth Seitz, piano

Welcome and Announcements

Rev. Marta Morris Flanagan, Lead Minister

Greeting Your Neighbor

Call to Worship and Chalice Lighting

Rev. Marta Morris Flanagan

Congregational Affirmation

First Parish Mission Statement, adopted 2010

We choose to be
a liberal religious community, welcoming to all.
We encourage each other on our spiritual journeys,
support one another through the changes in our lives,
and challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

Hymn 34

Though I May Speak with Bravest Fire

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

As children leave for religious education we sing:

Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth



Go now in peace, Gonow in peace. May_ the_ spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor_ ro-de -



love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar_ los si - em - pre por do-quier, por do-quier, que va - yan.

Celebrations and Concerns

Carolyn Carlson
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.
If you wish to speak of your joy or sorrow,
please line up after placing your stone.
When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.

Interlude for the Placing of Stones

Candle Music
Kenneth Seitz, piano

Prayer and Silent Meditation

Bill Licea-Kane
Worship Associate

Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz

The image shows two staves of musical notation in 3/4 time, key of B-flat major. The first staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. The melody consists of quarter and eighth notes. The lyrics 'A-men, Bles-sed Be, Sha -lom, Sa - laam..' are written below the notes. The second staff continues the melody with similar note values and concludes with a double bar line. The lyrics 'A -men, Bles-sed Be, Sha -lom, Sa - laam.' are written below the notes.

Offering

Music of Life
B.E. Boykin
First Parish Choir

*This Sunday half of the offering supports
The Native Land Conservancy of Mashpee, MA,
an Indigenous-led land conservation nonprofit.
Their board members come from a variety of Native
American tribal communities.
Their relationship with the earth
is one that is familial and seeks to preserve land
for future generations.*

*The remaining half of your offering supports the
life and work of this Parish.
To donate using your smartphone, you may text
“fpuu offering” to 73256.
Then follow the directions in the texts you receive.
If you would like your entire offering
to support your pledge,
indicate “pledge” on your check or envelope.*

Living Our Faith

How Are You Living Your Faith?

Once a year we honor three members of First Parish
who have been exemplars of living the values
of the liberal religious tradition.
The Social Justice Committee selects the individuals and
invites them to offer statements about living their faith.
This year we celebrate the work of
Jamie Aronson, Peggy Gardiner, and Lois Fine.

From the Social Justice Committee Alan Linov, Chair

First Testimonial

Jamie Aronson

Jamie Aronson has been a member of First Parish for over a decade. He lives in Arlington with his wife, Mary Breen. Jamie has been a clinical psychologist for 30 years and is the Director of Practicum Experience at Boston College Lynch School of Education. He served on the Stewardship Committee and is currently active with Defending Democracy.

Hymn 170

We Are a Gentle, Angry People

Second Testimonial

Peggy Gardiner

Peggy Gardiner has been a member of First Parish for over 20 Years. She is a member of the Art Committee, has taught Religious Education for our children and youth, and has traveled with the youth on their service trips. Peggy and Cathie Desjardins plant pumpkins and tend the gardens in the courtyard. She is married to Rev. Dr. Bill Gardiner.

Third Testimonial

Lois Fine

Lois Fine has been a member of First Parish for several decades. She has served on many committees, including Parish Committee, Second Minister Search Committee, Racial Justice Coordinating Committee, Membership Committee and the Alliance. She is retired from a career in maternal and child health policy and currently serves on the board of directors of the Elmore Bolling Initiative in Montgomery, Alabama.

Song 25

When the Spirit Says Do

Benediction

Rev. Marta Morris Flanagan

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

Working On It
Kenneth Seitz
Kenneth Seitz, piano

*Our postlude is the concluding passage of our
common worship.
All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.