



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

September 22, 2024

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 6:32am and will set at 6:43pm *in sh'allah*
bringing us 12 hours, 11 minutes of sunlight,
19 minutes less than last Sunday.

The moon is waning toward the third quarter on Tuesday.

The autumnal equinox
or the first day of fall in the Northern Hemisphere
was this morning at 8:43 am EDT, as the sun crossed the
celestial equator.

Near the fall and spring equinoxes,
the hours of the day and night approach equality. After the
fall equinox, as the days grow shorter, the nights grow
longer, and temperatures begin to drop.

In the blue handcrafted chalice on the chancel table,
a flame burns today in honor of
Bisexuality Visibility Day
which is tomorrow, September 23.

Celebrated around the world since 1999
the day aims to bring global attention
to the bisexual community
and to recognize and celebrate
bisexual people, history, and culture.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated.
Please also silence your cell phones and electronic devices.*

Prelude

Welcome Autumn!
Kenneth Seitz
Kenneth Seitz, piano

Welcome and Announcements

Rev. Marta Morris Flanagan, Lead Minister

Greeting Your Neighbor

Calling the Directions and Chalice Lighting

Rev. Erica Richmond, Parish Minister
Andy Kobayashi, drummer

*We call the directions in worship on the Sunday
before the equinoxes and solstices. In doing so we
call our attention to the power of nature in our lives.*

Hymn 52

In Sweet Fields of Autumn

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

As children leave for religious education we sing:

Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth

The musical score is written on two staves in 4/4 time. The first staff contains the first line of the song, and the second staff contains the second line. The lyrics are written below the notes.

Go now in peace, Gonow in peace. May_ the_ spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor_ ro-de -

love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar_ los si - em - pre por do-quier, por do-quier, que va - yan.

Celebrations and Concerns

Carolyn Carlson
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.
If you wish to speak of your joy or sorrow,
please line up after placing your stone.
When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.

Interlude for the Placing of Stones

Candle Music
Kenneth Seitz, piano

Prayer and Silent Meditation

Elizabeth Hunter
Worship Associate

Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz

A-men, Bles-sed Be, Sha-lom, Sa-laam.

A-men, Bles-sed Be, Sha-lom, Sa-laam.

Offering

Elijah Rock

Traditional spiritual, arr. Sondra K. Tucker

First Parish Bell Choir:

Jennifer Kobayashi - director

James Fleming

Andrew Kobayashi

Sanjay Newton

Yanni Peri-Okonny

This Sunday half of the offering supports

Gould Farm,

www.gouldfarm.org.

Founded in 1913, Gould Farm in the Berkshires is

the first residential therapeutic community

in the US dedicated to helping

adults with mental health challenges move toward

recovery and independence.

The remaining half of your offering supports the life

and work of this Parish.

To donate using your smartphone, you may text

“fpuu offering” to 73256.

Then follow the directions in the texts you receive.

If you would like your entire offering

to support your pledge,

indicate “pledge” on your check or envelope.

Hymn 34

Though I May Speak with Bravest Fire

Sermon

Rev. Marta Morris Flanagan

Benediction

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

*Preacher Bird
Kenneth Seitz
Kenneth Seitz, piano*

*Our postlude is the concluding passage of our
common worship.
All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

First Parish's Mission

First Parish is committed to inward spiritual growth, side by side companionship of one another, and turning outward in our work in the world.

We choose to be a liberal religious community,
welcoming to all.

We encourage each other on our spiritual journeys,
Support one another through the changes in our lives,
And challenge the excesses and injustices of our time.
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA
March 28, 2010

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*
Rev. Erica Federspiel Richmond, *Parish Minister*
Rev. Stevie Carmody, *Minister of Religious Education*
Daniel Parsley, *Music Director*
Kenneth Seitz, *Director of Music, Emeritus*
Rose Sawyer Marsh, *Youth Program Coordinator*
Bella Jaffe, *Religious Education Assistant*
Ebiere Omoregie, *Office Manager*
Allison Sillers, *Office & Communications Associate*
Jaqueline De Jesus, *Sexton*
Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.