First Parish of Arlington, MA

The eBulletin

June 18, 2025 A weekly newsletter

Worship online ~~ Sunday at 10am

"Good Enough"

Jeanne Feeley, Worship Leader Sunday, June 22, 2025, at 10am

I believe a Spiritual Baptism is an inner transformation where one's heart fully opens to the divine presence a Gracious Love. Not so much about a ritual, but an alignment with a higher truth.



Allowing us to deepen our compassion and connection to others and to Spirit.

During the summer our Zoom-only worship is led each week by a member of our congregation. Jeanne Feeley was born in Northern New Jersey and raised Roman Catholic. She lives in West Medford and has 2 daughters, 23 and 24 years old. She has been a registered nurse at Brigham and Women's Hospital for 35 years. Previously a member of the Medford Unitarian Universalist Church for about 20 years, Jeanne has been at First Parish for 3 years.

Join us online! View the Order of Service Here

Wednesday Community Potlucks

CORRECTION: During the summer months **beginning on June 25 (NEXT week, not today!)**, First Parish Community potluck dinners are held in the courtyard every Wednesday (Vestry if rain) from 6:00-7:30. Everyone is welcome! Bring a dish to share.

Potluck hosts are still needed: please email **fpworshipassociates@firstparish.info** for your group or committee to host!

Religious Education News

Over the summer months, our Religious Education program enters a season of rejuvenation & reorganization, planning & preparation. Regular programs for children, middle school OWL, and Youth group all resume on Sept 7th.

If you would like to connect with Stevie about the program or your family during the summer, use this **Calendly online**

Calendar

June 18 - 22: UUA General Assembly (Baltimore, MD) June 19: Lectio Divina June 22: Zoom Meditation June 22: Worship Service June 23: In-Person Meditation June 24: Lectio Divina June 25: Lectio Divina

First Parish Summer Office Hours

Starting Tuesday, July 2, the First Parish office will be open reduced hours: Tuesday, Wednesday and Thursday, 10am -2pm. scheduling link. If you would like to volunteer in the RE program this upcoming year, reach out to Stevie by email (stevie.carmody@firstparish.info).

Stevie will be off for the month of July. In the event of an emergency with your children or in your family, reach out to the Office for a minister, and contact his cell phone. June 25: Weekly Potluck! June 26: Lectio Divina Ebiere and Allison will checking emails regularly. To reach us, please email office@firstparish.info; that email directs to

both of us.

Thank you!

Janet Blodgett Memorial Service - Saturday, June 21, at 2pm

A Memorial Service for longtime member Jan Blodgett, who died on April 20, 2025, will be held at First Parish on Saturday, June 21 at 2pm with light refreshments to follow. All are welcome, and invited to sign the guestbook and share a memory of Jan.



Opportunities for Engagement this Summer

This church year has concluded, but First Parish has a number of ways for you to get involved and stay connected this summer! Here are just a few recurring options:

Online worship services: Sundays, 10:00am, Zoom. Each summer, the Worship Associates organize and support lay-led worship services on Zoom each Sunday. These services are a great way to hear from your fellow congregants about issues

and questions they are reflecting on.

Weekly Potluck Dinners: Wednesdays, 6:00pm, Courtyard (Vestry if rain). Community potluck dinners are held in the courtyard every Wednesday (Vestry if rain) from 6:00-7:30. Everyone is welcome! Bring a dish to share.

Lectio Divina: Tuesdays (7am), Wednesdays (9am), Thursdays (8am), Zoom. If you haven't tried Lectio yet, summer is a great time to start! Each week on Zoom, lay leaders facilitate reflection and discussion inspired by a short passage from the Bible. This beloved tradition was originally introduced at First Parish by Rev. Marta Flanagan.

We Are Seeking New Lay Ministers and Worship Associates!

The Shared Ministry Committee is seeking new members of the Lay Ministry and the Worship Associates, two important programs serving our community. Lay Ministers work with First Parish clergy to provide pastoral care for members of the community, "supporting one another through the changes in our lives." Worship Associates have a public presence in Sunday services and support the organization of services throughout the year, including facilitating the series of summer services. For more information, and a link to the applications, please **contact Shared Ministry Chair Cathy Modica** by June 10.

From the Treasurer - Year End Accounting

The First Parish program year ends June 30,2024-- PLEASE submit all reimbursement requests no later than 6/30/2024-- this is to ensure expenses are correctly reflected for the fiscal year. If expense requests are not

Notes for Lay Leaders for 2025-26

Congratulations to all of the lay leaders elected to committees at the Annual Meeting!

Website and email updating: As your committee members turn over this spring, please email Allison at

received by the fiscal year-end deadline, they will NOT be paid.

Please do not delay! I appreciate your close attention to this -- if you have questions, please contact me directly at treasurer@firstparish.info. THANK YOU! office@firstparish.info with any changes to committee membership so website and email groups can be updated.

Scheduling for next year: Please contact Allison to reserve space for your meetings and events for next year!

Ferry Beach Registration is OPEN!

Registration for the Ferry Beach Retreat (Oct 3-5 at Ferry Beach in Saco, ME) is NOW OPEN! Register today for this beloved weekend retreat. All are welcome! See the Ferry Beach page on the First Parish website for more information and the link to register. For more information, email ferrybeach@firstparish.info.

Click on the link to learn more about these upcoming First Parish events:

UUA General Assembly, June 18-22 Weekly Community Potluck Kick-off, June 25

Weekly or Bi-weekly

- Lectio Divina: (Meets Tuesdays, Wednesdays and Thursdays ALL YEAR on Zoom.) Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts. Diverse responses to the text provide new insights and help us grow in our spiritual lives and set intentions for our daily lives.
- Meditation Groups: Meets Sunday, 9am (Zoom); and Monday, 6pm (in person) Beginners and experienced meditators are welcome. Please feel free to drop in whenever you like. For more information, or to be added to the list to receive each Zoom session's unique link, please email meditation@firstparish.info
- Bell ringer rehearsals: From September through May, we meet most Thursdays 8-9pm in the Sanctuary after choir rehearsal. All interested are welcome - being able to read music is helpful. Contact ringers@firstparish.info for more details.
- Spirit Talks: Weekly discussions provide an opportunity for a small group to reflect together on a spiritual theme every Monday at 4pm. Email spirittalk@firstparish.info to be added to the mailing list for Spirit Talk or just check us out by joining a discussion.
- Men's Group Men of all ages and backgrounds are welcome to meet online, every other Sunday at 7pm to connect and support each other on our spiritual journeys. Email for the Zoom link.
- Older Men's Lunch Group continues to meet, on Zoom. Email oldermen@firstparish.info for more information. The sessions will be held at noon every other Thursday.

Monthly

- Covenant Groups Each group meets once a month from *September through June*. Through discussion of a monthly theme, participants make meaningful connections with others. Covenant groups are opportunities for us to engage in deep sharing as we speak from the heart, and are heard by others.
- The Diversity Book Club generally meets on the third Tuesday of *alternate* months from September through June. All are welcome, please join us to discuss our next title.
 Register by email diversitybookclub@firstparish.info

- Grief Support Group Lay Ministry led support for individuals who have lost loved ones. The group generally meets on the fourth Tuesday of each month, at 7:30pm on Zoom.
- Transition to Retirement. You are welcome to this drop-in group that meets approximately once a month to provide support around the emotional (not financial) aspects of the retirement transition. Contact the Lay Ministry, layministry@firstparish.info, to receive the Zoom link.
- Women Aging Well: Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Through discussions of a variety of topics we foster meaningful connections and learning from one another. We meet on the 3rd Thursday of each month from *September to June* from 11am to noon. Meetings may be on zoom or in person.
- The Women's Alliance of First Parish The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church.
- Women's Book Group The women's book group meets the first Thursday of each month at 7pm from *September to June*.



First Parish Unitarian Universalist of Arlington MA | 630 Massachusetts Avenue | Arlington, MA 02476 US

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